# **Part D Quality Assurance**

## **Quality Assurance**

Integra Managed Care has programs to help you access your prescriptions safely.

## **Utilization Management**

For some prescription drugs, Integra Managed Care has extra requirements for coverage or for limits on coverage. The requirements and limits ensure that our members use these drugs in the most effective and safely way. Examples of utilization management tools are:

#### 1. Prior Authorization

Integra Managed Care requires you to get prior authorization for certain drugs. This means that physicians will need to get approval from us before you fill your prescription. If they do not get approval, we may not cover the drug.

### 2. Quantity Limits

For certain drugs, Integra Managed Care limits the amount of the drug that we will cover per prescription or for a defined period of time.

### 3. Step Therapy

In some cases, we require you to first try one drug to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat the member's medical condition, we may require your doctor to prescribe Drug A first. If Drug A does not work for you, then we will cover Drug B.

#### 4. Generic Substitution

When there is a generic version of a brand-name drug available, network pharmacies will automatically give you the generic version, unless your doctor has told Integra Managed Care that you must take the brand-name drug and have obtained a prior authorization.

## **Non-Part D Drugs (Exclusions)**

Medicare only covers for some drugs or drugs categories; the drugs that are not covered are not considered part D drugs. In some cases, Non-Part D drugs may be referred as "exclusions":

- Drugs used for cosmetic purposes or hair growth
- Fertility drugs
- Weight loss, weight gain or anorexia
- Drugs for symptomatic relief of cough or colds
- Non-prescription drugs
- Prescription vitamins or minerals
- Treatment for sexual or erectile dysfunction

You may also need to consider, that as a Medicare prescription Drug Plan we cannot cover a drug that will be covered under Medicare part A or B.

In addition, while a Medicare Prescription Drug Plan can cover off-label uses of a prescription drug, we cover the off-label use only in cases where the use is supported by certain industry reference book citations. The CMS listed reference books list whether the off-label use would be permitted.

The following reference books are: (1) American Hospital Formulary Service Drug Information; (2) United States Pharmacopoeia-Drug Information; and (3) the DRUGDEX Information System; and (4) Medscape. If the use is not supported by one of these reference books (known as compendia), then the drug would be considered a non-Part D drug and would not be covered by Integra Managed Care.

## **Drug Utilization Review**

We care about your safety, that's why Integra Managed Care reviews the drugs that you are taking to ensure you are receiving the most appropriate and secure care. This program is especially important for those members who receive prescriptions from more than one doctor. Integra Managed Care's Drug Utilization Review program focuses on such items as:

- Duplication of drugs
- Drug dosage error or therapy duration
- Inappropriate medication
- Allergies
- Clinical use and misuse
- Over and under-utilization

## **Medication Therapy Management (MTM)**

Integra Managed Care has partnered with Elixir Pharmacies to offer medication therapy management programs.

The MTM program is designed to help Integra Managed Care members deal with multiple medications and illnesses. This program is another way to help you get the safest, most effective and affordable prescription drugs. Our staff works with individual members and their health care providers to be a source of information and support for medication management.